Rollerski.ca
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Discharge of responsibility for cross country ski or rollerski lessons.

I hereby confirm that I am in adequate physical condition and that there is no problem or reason to impede or hamper my participation for the lesson.

I declare to be conscious of the inherent risks to practice the above-mentioned sports and I assume these risks. I exonerate the instructor, the business Rollesrski.ca and any third parties of any injury that could occur however large or small.

I accept to be photographed or filmed and I accept that the material be used on social media for the promotion of the sport and or to bring publicity to the business. (Optional)

I confirm to have read and understand the information in this document and willingly sign my name to this discharge of responsibility.

Date :	_
Participant's Name and Surname in printed letters	Participant's signature
Name, Surname and signature of parent/to	utor if participant is less than 18 years of age